Many people are not familiar with horses and how to behave around them. When out cycling, it's simple: Be nice, say hi.

Expect the unexpected at all times
Be aware at all times
Be nice - say hi

We are both vulnerable - Let's work together
To learn more visit bhs.org.uk/safety

The British Horse Society is a Registered Charity Nos. 210504 and SC038516
Cyclists...
Alert the horse rider...

...that you are there

Remember
There are 3 brains working

The cyclists’

The Horses’

The Riders’

Give the horse and rider time to react to your call of ‘Hi’

Slow down
Stop

Never pass on the inside of a horse
Be aware of pinch points in the track or on the road ahead

Horses can move very quickly. They weigh up to ¾ tonne and may cause serious damage to you or your bike if they kick out.