see England and Devon

**West Kernow Way Route Guide**, the best of West Cornwall 130 mls £14 (2021)  
https://shop.cyclinguk.org/west-kernow-way-route-guide to order on-line (2/24)

Experience Cornwall by Bike  
https://experience.cyclinguk.org/cornwall for details (2/24)

Pocket sized guide to the NCN: £7.99  
01: Cornwall Cycle Map (2021)  
http://shop.sustrans.org.uk/ to order on-line (1/24)

Multi-use Trails  
The Camel Trail, a 17 ml recreational route from Padstow-Wadebridge-Poley’s Bridge  
The Mineral Tramways  
Wheal Peevor Mine Site  
Goss Moor  
The Cornish Way Trails  
The Cornish Way 180 mls  
The Engine Way  
The First and Last  
The St Piran  
The North Cornwall  
The Coast and Clay  
www.cornwall.gov.uk/environment-and-planning/countryside/cycle-routes-and-trails/ to download (2/24)

Cardinham Woods (near Bodmin) – cycling & mountain biking (OS 200, GR 099 667)  
www.forestryengland.uk/cardinham-woods for details (2/24)

Tamar Trails Mountain Biking  
www.tamartrails.co.uk/mountain-biking/ for details (2/24)

South West Lakes Trust - Activities  
Silbyback Lake Country Park, Liskeard (Bodmin Moor)  
Stithians Lake Country Park, Redruth  
Tamar Lakes Country Park, Bude  
www.swlakestrust.org.uk/activities/ for details (2/24)

www.goldeneyeguides.co.uk/cycling-country-lanes to order on-line (6/24)

Croyde Cycle Route Maps:  
West Cornwall (1:100 000) £3 (2013)  
East Cornwall (1:100 000) £3 (2013)  
www.croydecycle.co.uk to obtain (1/24)

Cycle Maps UK:  
1. Cornwall and West Devon Cycle Map (1:100 000) £8.99 (2022)  
www.cordee.co.uk/products/maps/uk/cycling/cornwall-and-west-devon-cycle-map-1-ccy326.html to order on-line (6/24)

Cycling in Cornwall and the Isles of Scilly, Huw Hennessy £12.99 (2021)  