

Blackburn & District Cyclists Touring Club

50km within 5 hours Standard Ride - Sunday 19th April 2015

Important Notes

We are required to point out to participants of this event that the event is not a race and riders should at all times observe all rules of the road and conduct themselves in a safe manner, to themselves, to other participants and above all to other road users.

This Event is for experienced cyclists who will be aware of the following procedures:

Whenever possible, familiarization with the route before the event.

Ensuring competence and fitness to complete the course, roadworthiness of the machine and possession of adequate cycle-repair equipment, spares and skills.

During the event, riding safely, according to the rules of the road and personal capabilities and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.

As with any journey on public roads being aware of and allowing for highway design and maintenance, other users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris and obstructions of all kinds and poor or non-existent lighting on night sections.

As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions; preparing the machine and rider and carrying spares and tools - and knowing how to use them.

In the event of bad weather, making a personal decision over starting or continuing; also being equipped to deal with bad conditions.

Making private arrangements if back-up or rescue facilities are wanted, although if this is the case undertaking this ride at all should be reconsidered.

As with all C.T.C. rides you are on a private excursion on the public highway, so ensure that you are fully capable and self-sufficient.

Extra Care

Extra Care is required at the following points on the course:

- On crossing the A671 at Clitheroe Golf Club: beware of heavy traffic.
- On joining & riding along the A59 at the end of 'Puncture Alley': beware of heavy & fast moving traffic.
- On the fast descent of Grindleton Brow there is a junction where traffic can join from the left.

For and on behalf of
Blackburn & District Section
Cyclists' Touring Club

Organizer: Paul Smith
Tel: 07790 873496

Blackburn & District Cyclists' Touring Club

Route Sheet - 50km within 5 Hours Standard Ride - Sunday 19th April 2015

Time	km	Instruction
1 10:00	0.0	Depart Whalley Bus Station on B6246 [King Street / Clitheroe Road] (North)
10:09	1.6	At Barrow, stay on Whalley Road (North)
2 10:15	3.1	At the T junction with the A671 at Clitheroe Golf Club, proceed straight ahead onto the cycle path known locally as 'Puncture Alley'. Take care crossing the A road.
10:27	5.8	At the crossroadson 'Puncture Alley', continue straight ahead.
10:29	6.1	At the T junction with the A59, at the end of 'Puncture Alley' take a left turn onto the A59 (East). Be EXTREMELY CAREFUL, traffic on this road travels at up to 60mph, take care. There is a cycle path on the southside of this road, which could be used if you would prefer it.
3 10:52	11.4	At the junction on Sawley brow, turn LEFT (North-West) onto the unclassified road, sign posted Sawley
10:56	12.2	At Sawley, stay on Sawley Road (West), direction Bolton by Bowland.
4 11:12	15.5	After the Copy Nook Hotel, take the second turn LEFT (North) onto the unclassified road, direction Settle
11:21	17.6	At Forest Becks Brow, continue straight ahead towards Settle.
5 11:43	22.7	Just prior to Wigglesworth, turn right (East) towards the Transmitter & Paythorne Moor.
6 11:55	25.3	At the junction with Long Bank Lane, Halton West, turn LEFT (East) onto Long Bank Lane.
7 12:01	26.9	At the T junction at the end of Long Bank Lane, Halton West, turn RIGHT (South) onto the unclassified road. Continue along this road, past the crossroads (onto Hellfield Road) & to the highest point of the road over Paythorne moor.
8 12:19	31.0	On the descent of Hellfield Rd, take the first turn LEFT (East) onto Carters Lane.
9 12:30	33.5	At the T junction with Gisburn Rd, turn LEFT (East) onto Gisburn Road, direction Gisburn.
10 12:34	36.0	Just before Gisburn, turn left (North East) into Ribblesdale Park Holiday Home Village. Head for Hindelinis café for lunch (Recommended break 1 hour).
10 13:34	36.0	Upon leaving Ribblesdale Park, turn right at the end of the driveway in a Northerly direction towards Bolton by Bowland.
11 13:56	40.2	At Bolton by Bowland, stay on Gisburn Road (West) / Main Street / Barret Hill Brow, direction Sawley.
12 14:13	43.9	Upon entering Sawley, prior to crossing the River Ribble, turn RIGHT (West) onto Sawley Road.
14:23	45.9	At Grindleton, stay on Sawley Road (West), road name changes to Grindleton Brow and there is a steep fast descent with a junction where traffic can enter from the left. Take Care.
14:26	46.3	At bottom of Grindleton Brow, bear RIGHT (South-West) onto Grindleton Road, direction West Bradford.
14:36	48.2	At West Bradford, continue straight ahead, road name changes to Waddington Road
14:45	49.8	On arriving in Waddington, bear LEFT (South) onto Clitheroe Road, then immediately bear LEFT (South-East) onto B6478 [Clitheroe Road]. The Finish is at the Country Kitchen Café, which is on the B6478 100 yards after the junction.
13 14:47	50.0	Arrive Country Kitchen Café, Waddington

