

Blackburn & District Cyclists Touring Club

50 miles within 5 hours Standard Ride - Sunday 19th April 2015

Important Notes

We are required to point out to participants of this event that the event is not a race and riders should at all times observe all rules of the road and conduct themselves in a safe manner, to themselves, to other participants and above all to other road users.

This Event is for experienced cyclists who will be aware of the following procedures:

Whenever possible, familiarization with the route before the event.

Ensuring competence and fitness to complete the course, roadworthiness of the machine and possession of adequate cycle-repair equipment, spares and skills.

During the event, riding safely, according to the rules of the road and personal capabilities and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.

As with any journey on public roads being aware of and allowing for highway design and maintenance, other users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris and obstructions of all kinds and poor or non-existent lighting on night sections.

As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions; preparing the machine and rider and carrying spares and tools - and knowing how to use them.

In the event of bad weather, making a personal decision over starting or continuing; also being equipped to deal with bad conditions.

Making private arrangements if back-up or rescue facilities are wanted, although if this is the case undertaking this ride at all should be reconsidered.

As with all C.T.C. rides you are on a private excursion on the public highway, so ensure that you are fully capable and self-sufficient.

Extra Care

Extra Care is required at the following points on the course:

- On crossing the A671 at Clitheroe Golf Club: beware of heavy traffic.
- On joining the A59 at the end of 'Puncture Alley': beware of heavy & fast moving traffic.
- On joining the A65 at the end of Settle Flats: beware of heavy & fast moving traffic.
- On crossing the A65 prior to entering Austwick: beware of heavy & fast moving traffic.
- On descending the unclassified road from Helwith Bridge via Stainforth Foss to Settle: On this road there are many narrow sections and many high walls which can obstruct the view of oncoming traffic. Please take care because on coming traffic can be on the wrong side of the road.
- On joining the A65 after leaving Settle: beware of heavy & fast moving traffic.
- On turning right off the A65: beware of heavy & fast moving traffic. Due to heavy traffic it is sometimes best to wait at the side of the road before starting the right turn manoeuvre.
- On the fast descent of Grindleton Brow there is a junction where traffic can join from the left.

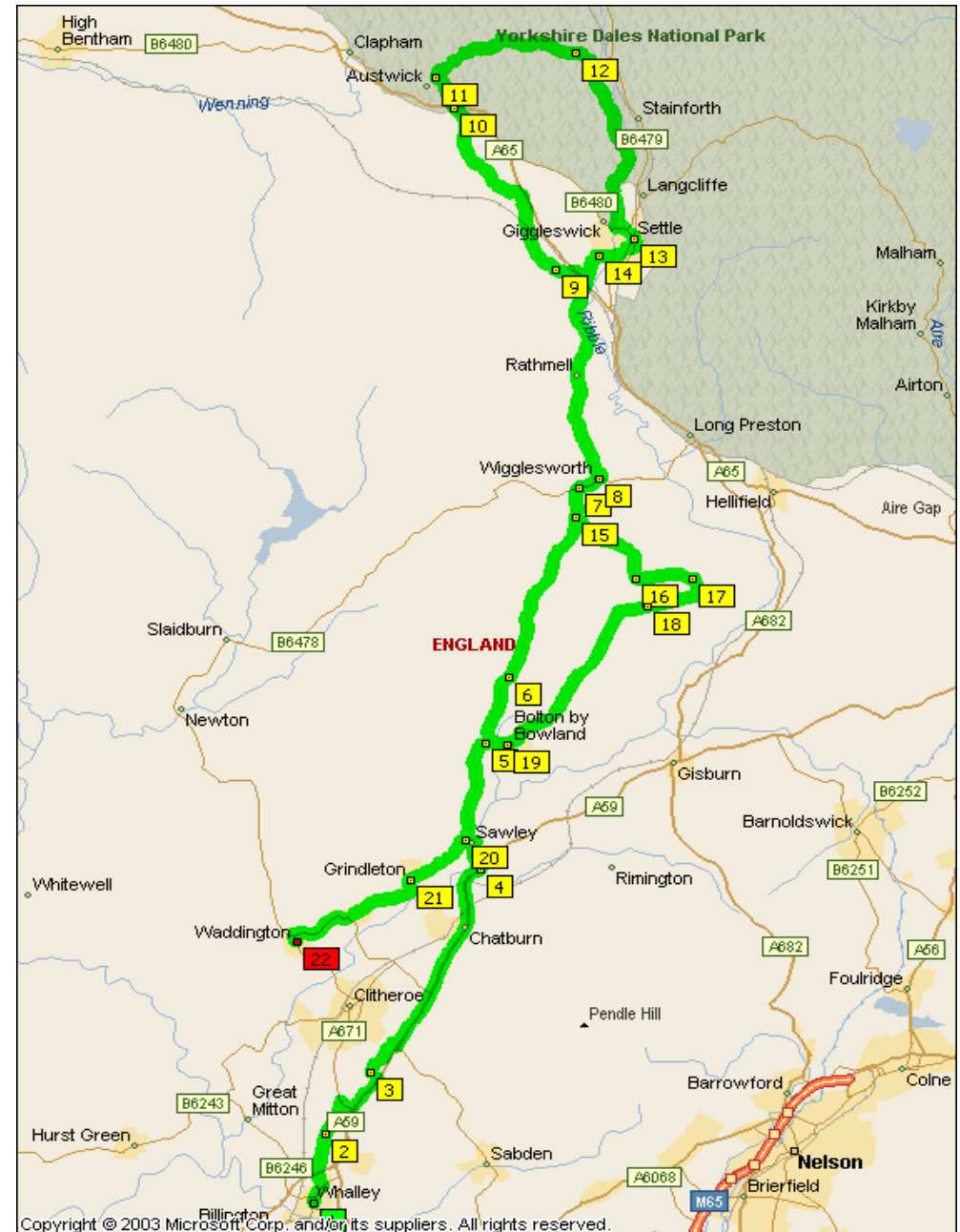
For and on behalf of
Blackburn & District Section
Cyclists' Touring Club

Organizer: Paul Smith
Tel: 07790 873496

Blackburn & District Cyclists' Touring Club

Route Sheet - 50 Miles within 5 Hours Standard Ride - Sunday 19th April 2015

Time	Mile	Instruction	
1 10:00	0.0	Depart Whalley on B6246 [King Street] (North)	
2 10:06	1.3	At Barrow, stay on Whalley Road (North)	
	10:09	1.9	At the T junction with the A671 at Clitheroe Golf club, proceed straight ahead onto the cycle path known as 'Puncture Alley'. Take Care crossing the A road.
	10:16	3.6	At the crossroads on 'Puncture Alley' continue straight ahead.
		3.8	At the T junction with the A59 at the end of 'Puncture Alley' take a LEFT turn onto the A59 (East). Be EXTREMELY CAREFUL, traffic on this road travels at up to 60 mph, take care.
4 10:31	7.3	At the junction on Sawley brow, turn LEFT (North-West) onto the unclassified road, sign posted Sawley.	
	10:33	7.9	At Sawley, stay on Sawley Road (West), direction Bolton by Bowland.
5 10:42	9.9	After the Copy Nook Hotel, at Barret Hill Brow, Bolton By Bowland, take the second turn LEFT (North) onto the unclassified road, direction Settle.	
6 10:47	11.2	At Forest Becks Brow, continue straight ahead towards Settle.	
7 11:01	14.9	On entering Wigglesworth, at the T junction with Becks Brow, turn RIGHT (East) onto the B6478.	
8 11:03	15.3	After the Plough Inn, at the left turn for Jack Lane, Wigglesworth, turn LEFT (North) onto Jack Lane, direction Settle.	
	11:20	19.0	At the T junction with the A65, turn LEFT (North-West) onto the A65. Take care on this section of road, there are often many speeding motorcyclists and motorists.
	11:22	19.3	At the first left turn on the A65, turn LEFT (West) onto Paley Green Lane, direction Lawkland.
10 11:37	23.3	At the crossroads with the A65 take extreme care. It is necessary to cross this road and head in the direction of Austwick. This road is often very busy so be patient and wait until it is safe to cross.	
11 11:41	24.0	In the centre of Austwick bear Right (EAST) towards Helwith Bridge and Stainforth.	
12 11:52	26.6	Just prior to entering Helwith Bridge, turn RIGHT (South East) onto the unclassified road, direction Settle. This is a quiet narrow road with many high walls. Take care on the descents and beware of oncoming traffic taking up space in your lane.	
	12:07	30.2	At the T junction at the end of the road, turn LEFT (East) onto B6480, direction Settle Village centre.
13 12:09	30.6	At Settle, take a break for lunch (1 hour).	
13 13:09	30.6	Depart Settle on B6480 (South)	
	13:10	30.8	Turn RIGHT (West) onto Station Road, direction Settle Railway Station.
14 13:15	31.4	After crossing the River Ribble, at the mini roundabout, turn LEFT (South) onto Raines Road, direction Wigglesworth & Settle Flats.	
	13:18	32.0	At the junction with the A65, turn LEFT (South-East) onto the A65 for 100 yards. Take extra care here. Cars & motorcycles travel very fast on this section of road.
	13:19	32.1	At the first junction, turn RIGHT (South) onto Local road(s), direction Wigglesworth & Bolton by Bowland. If the road is busy it is often best to stop at the side of the road before trying to turn right.
	13:25	33.7	At Rathmell continue straight ahead on the unclassified road towards Wigglesworth.
	13:36	35.8	On entering Wigglesworth, at the T junction, turn Right (West) onto the B6478.
	13:38	36.2	On leaving Wigglesworth, bear LEFT (South-West) onto the unclassified road, direction Bolton by Bowland.
15 13:40	36.8	At the first junction after leaving Wigglesworth, take the LEFT turn (East) on the unclassified road past the transmitter.	
16 13:46	38.4	At the junction with Long Bank Lane, Halton West, turn LEFT (East) onto Long Bank Lane.	
17 13:50	39.3	At the T junction at the end of Long Bank Lane, Halton West, turn RIGHT (South) onto the unclassified road.	
18 13:55	40.5	At the cross roads on Paythorne Moor, continue straight ahead (West) onto Hellifield road.	
19 14:09	44.1	At the end of Hellifield Rd in Bolton By Bowland, turn RIGHT (West) onto Main Street & Barret Hill Brow, direction Sawley.	
20 14:19	46.4	Upon entering Sawley, prior to crossing the River Ribble, turn RIGHT (West) onto Sawley Road.	
21 14:24	47.6	At Grindleton, stay on Sawley Road (West), road name changes to Grindleton Brow and there is a steep fast descent with a junction where traffic can enter from the left. Take Care.	
	14:26	47.8	At bottom of Grindleton Brow, bear RIGHT (South-West) onto Grindleton Road, direction West Bradford.
	14:31	49.0	At West Bradford, continue straight ahead, road name changes to Waddington Road
	14:37	50.0	On arriving in Waddington, bear LEFT (South) onto Clitheroe Road, then immediately bear LEFT (South-East) onto B6478 [Clitheroe Road]. The Finish is at the Country Kitchen Café, which is on the B6478 100 yards after the junction.
22 14:38	50.1	Arrive Country Kitchen Café, Waddington	



Copyright © 2003 Microsoft Corp. and/or its suppliers. All rights reserved.