

# **Blackburn & District Cyclists Touring Club**

**100 miles within 9 hours Standard Ride - Sunday 17<sup>th</sup> May 2015**

## **Important Notes**

We are required to point out to participants of this event that the event is not a race and riders should at all times observe all rules of the road and conduct themselves in a safe manner, to themselves, to other participants and above all to other road users.

### **This Event is for experienced cyclists who will be aware of the following procedures:**

**Whenever possible, familiarization with the route before the event.**

Ensuring competence and fitness to complete the course, roadworthiness of the machine and possession of adequate cycle-repair equipment, spares and skills.

During the event, riding safely, according to the rules of the road and personal capabilities and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.

As with any journey on public roads being aware of and allowing for highway design and maintenance, other users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris and obstructions of all kinds and poor or non-existent lighting on night sections.

As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions; preparing the machine and rider and carrying spares and tools - and knowing how to use them.

In the event of bad weather, making a personal decision over starting or continuing; also being equipped to deal with bad conditions.

Making private arrangements if back-up or rescue facilities are wanted, although if this is the case undertaking this ride at all should be reconsidered.

As with all C.T.C. rides you are on a private excursion on the public highway, so ensure that you are fully capable and self-sufficient.

## **Extra Care**

Extra Care is required at the following points on the course:

- On crossing the A671 at Clitheroe Golf Club: beware of heavy traffic.
- On joining the A59 at the end of 'Puncture Alley': beware of heavy & fast moving traffic.
- On using the A59: beware of heavy & fast moving traffic.
- On joining the A65 at the end of Settle Flats in the morning: beware of heavy & fast moving traffic.
- During any use of the A65: beware of heavy & fast moving traffic.
- On using the A65 after leaving Settle in the afternoon: beware of heavy & fast moving traffic. Due to heavy traffic it is often best to wait at the side of the road before starting the right turn manoeuvre.
- On the fast descent of Grindleton Brow there is a junction where traffic can join from the left: beware.

For and on behalf of  
Blackburn & District Section  
Cyclists' Touring Club

Organizer: Paul Smith  
Tel: 07790 873496



